



Tryouts for Lightning Basketball grades 3 through 8 are on Martin Luther King Day, **Monday January 21, 2019**. Don't miss the opportunity to be part of the largest and most respected AAU program in the country.

Registration Fee is \$25.

BOYS - Age group is determined for boys' teams by how old the child is on August 31, 2019. For example, a child who was born on June 25, 2006 will be 13 on August 31, 2019 and he must play in the 13U age group. For boys in elementary and middle school, grade does not come into consideration as it is based solely on age.

GIRLS: Eligibility is determined by grade for all girls' teams.

THE TIMES FOR EACH AGE GROUP AT EACH LOCATION ARE AS FOLLOWS;

NASSAU COUNTY TRYOUTS AT THE ISLAND GARDEN- Tom or Karen 516.292.4956

Island Garden 45 Cherry Valley Avenue, West Hempstead, NY 11552

BOYS

9U - 9:00am

10U - 9:00am

11U - 10:15am

12U - 11:30am

13U - 12:45pm

14U - 2:00pm

GIRLS

3rd, 4th and 5th Grades 3:30pm

6th, 7th and 8th Grades 4:45pm

SUFFOLK COUNTY TRYOUTS AT NORTHSPORT- Jake Ellis 516.382.8754

NorthSport Athletic Center 469 Fort Salonga Road, Northport, NY 11769

BOYS

9U / 10U 8:45am - 9:45am

11U / 12U 10:00am - 11:00am

13U / 14U 11:15am - 12:15am

GIRLS

3rd, 4th, 5th Grades 1:45pm - 2:45pm

6th, 7th, 8th Grades 3:00pm - 4:00pm

SUFFOLK COUNTY TRYOUTS AT ST. ANTHONY'S- Tom Rossi 631.745.5707

275 Wolf Hill Road, Melville, NY 11747

BOYS and GIRLS

3rd, 4th, 5th Grades 8:00am - 9:00am

6th and 7th Grades 9:00am - 10:00am

8th Grade 10:00am - 11:00am

SUFFOLK COUNTY TRYOUTS AT ACADEMY OF ST. JOSEPH'S- Rob Maurer 631.992.0517

1725 Brentwood Road Brentwood, NY 11717

BOYS

3rd and 4th Grades 11:30am - 12:45pm

5th and 6th Grades 12:45pm - 2:00pm

7th and 8th Grades 2:00pm - 3:15pm

GIRLS

3rd, 4th and 5th Grades 9:00am - 10:15am

6th, 7th and 8th Grades 10:15am - 11:30am

NORTH SHORE TRYOUTS AT LI SPORTS HUB- Jason Helguero 516.584.3076

165 Eileen Way, Syosset, NY 11791

BOYS ONLY

4th, 5th, 6th Grades 9:15am

7th and 8th Grades 10:45am