



Northwell

ISLAND
GARDEN

The One and Only

Super League

2024 - 2025

**30th
SEASON**

"Constantly Getting Better"

Our **COMMITMENT** is to provide every team with the best possible experience in youth basketball.

Our **PRIORITY** is to offer a safe and closely monitored setting where the welfare of the children always comes first.

Our **PROMISE** is that we will work hard at fulfilling our commitments.

Our **FOCUS** is to always remember that we adults are role models for the children entrusted to us.

Our **SUCCESS** can be measured in our growth as well as our reputation over the past 29 years.

Our **CHALLENGE** is to never rely on our reputation and to improve each and every year! We follow Coach Wooden's teaching *"Success breeds satisfaction; satisfaction breeds failure"*.

Our **MINDSET** is to constantly improve what we offer our teams, players, and coaches.

Our **GOAL** is to go above and beyond what is expected of us.

Licensed by the AAU



**REGISTER
TODAY**



**2024-2025 NORTHWELL HEALTH ORTHOPEDICS ISLAND
GARDEN SUPER LEAGUE**

Dedicated to the Memory of John Ruggiero & Matt Nies

Now in our thirtieth season, the Island Garden Super League has evolved into one of the most successful youth basketball leagues in the country and is PROUD to partner with NORTHWELL HEALTH on all our leagues, events, and activities. We are the TOP basketball league in the New York Metropolitan area. We work with all other leagues to ensure our young athletes can participate as much as possible in the great game of basketball.

Super League is designed for everyone! There are divisions for boys and girls ranging from the third to the twelfth grade. Wherever possible, each grade is broken down into three ability levels to foster equal competition.

It is our goal to provide an excellent experience for every team regardless of its final winning percentage. We make every effort to meet your scheduling requests so that your participation does not conflict with other leagues and that whenever possible, we will match teams against others with equal ability. Providing friendly and excellent service to you is our primary goal. Service is the true value of our league.

**The Northwell Health Orthopedics Island Garden
is proud of its affiliation with great venues
for the 2024-2025 Super League**

ADELPHI UNIVERSITY IN GARDEN CITY
CYO CENTER AT ST. IGNATIUS IN HICKSVILLE
LAWRENCE WOODMERE
MASSAPEQUA FIELD HOUSE
NEXT LEVEL IN HUNTINGTON STATION
RISING STARS FACILITY IN FREEPORT
ST. DOMINIC HIGH SCHOOL
THE MAC AT THE MITCHEL GYM IN GARDEN CITY

CHABAD OF PORT WASHINGTON
JCC OF GREAT NECK
LONG ISLAND SPORTS HUB
MILL NECK MANOR SCHOOL OF THE DEAF
NORTHSPORT ATHLETIC FACILITY
ST. BERNARD IN LEVITOWN
SUNY OLD WESTBURY
WALDORF SCHOOL IN GARDEN CITY

FEATURES TO MAKE EVERYONE'S EXPERIENCE IN THE LEAGUE STELLAR



The **Northwell Health Orthopedic Institute** offers a full range of services for illnesses and injuries affecting the bones, muscles, ligaments, and tendons at many convenient locations. Our orthopedic experts provide exceptional, comprehensive care—from initial consultation and diagnosis through treatment and follow-up. In fact, seven Northwell hospitals have been recognized by *U.S. News & World Report* for excellence in orthopedic care: North Shore University Hospital, Long Island Jewish Medical Center, Huntington Hospital, Lenox Hill Hospital, Northern Westchester Hospital, Phelps Hospital and Mather Hospital. *

SUPER LEAGUE HIGHLIGHTS

- We play games at convenient locations in Nassau and Suffolk. This provides a great setting for Suffolk County teams so that they do not always have to travel long distances to play league games.
- You choose the number of games which you will play. Your team can play 6, 8, 10, 12, 15, 18 or 20 games. **(10 games is the minimum to be eligible for the playoffs)**
- We respect your schedules from other leagues so that you do not have to choose one over another. You submit your CYO, PAL, etc. schedule in a timely manner and we will make every effort to ensure that there will be no direct conflict.
- Referees are observed by senior officials and rated by league administrators with input from coaches. Assignments are distributed based on those ratings and observations.
- Our staff is comprised of top professionals in the field who are constantly recognized for their customer service, innovation, experience, and expertise. This staff is hired by outside organizations to run their events and manage their membership and activities. Our staff has been retained in the past to schedule the AAU Boys National Championships!
- Our Island Garden website (www.islandgarden.com) is used to publicize schedules, game results, standings, highlights, changes, and open games. The website is compatible with smart phones. Game results and urgent news releases are posted immediately.
- We also rely heavily on text messages to communicate with our coaches and administrators. This removes the need for back and forth calling.
- Finally, social media (Twitter, Facebook & Instagram) will publicize game highlights and action pictures.

All schedules are published on the Internet as well as game and opponent changes. In addition, we utilize a system that automatically and immediately updates scores and standings. Coaches and/or team administrators are responsible for being aware of all updates posted @ www.islandgarden.com.

We can provide uniforms and all basketball equipment at tremendous prices based on our large volume of business on a year-round basis.

ADMINISTRATIVE REQUIREMENTS FOR PARTICIPATION IN SUPER LEAGUE

1. The registration deadline is **November 10, 2024**. Each coach **MUST** submit the required registration form (which includes team availability) and a **\$750.00 deposit PLUS ALL REF FEES**. No team will be scheduled unless their \$750 deposit and registration has been received. **ONLINE REGISTRATION IS REQUIRED.**
2. **League play begins on December 1, 2024.**
3. There are various options relating to registration; number of games, preferential game days and times, insurance and referee fees.
4. All league fees must be paid in full by December 15, 2024, or the team will be dropped, and no refund will be made.
5. All teams must provide proof of \$1,000,000 liability insurance with the Northwell Health Island Garden named as certificate holder/additional insured. This proof of insurance must be submitted prior to the first game. If a team does not have their own insurance, we will assist teams in registering with AAU for insurance. AAU insurance can be purchased for \$22 per player and \$60 per coach. All coaches are subject to background screening (No exceptions).
6. All teams must submit a team roster prior to their first season game. Additions are permitted until December 31, 2024. After that date, for special circumstances, additions must be approved by the Jim Fox.
7. All players must have matching numbered shirts and shorts to participate in a Super League game.

ISLAND GARDEN SUPER LEAGUE ORGANIZATIONAL RULES

1. CHOICE OF DIVISION

- A coach can choose the division in which his team participates. The guidelines are:
Division I – AAU teams & highly competitive community teams
Division II – experienced and competitive community teams
Division III – newly formed or developing community teams
League administrators reserve the right to place a team in the proper division.

2. Division I players cannot play at the Division III level at the same grade.

3. Players are permitted to be on the roster of more than one team, even if they are in the same division.

4. GRADE/AGE REQUIREMENTS – Eligibility is primarily governed by the grade in which the player is enrolled as of October 25, 2024. There is also a maximum age, which basically allows for a player to continue participating with his classmates as long as he/she was retained (left back) only once. The cut-off dates for this exception rule are as follows:

3rd Grade	9/1/15	7th Grade	9/1/11
4th Grade	9/1/14	8th Grade	9/1/10
5th Grade	9/1/13	9th Grade	9/1/09
6th Grade	9/1/12	10th Grade	9/1/08
		11th/12th	Must be attending HS

Grade takes precedence over age. SUPER LEAGUE IS A GRADE BASED LEAGUE, but a player cannot exceed the age listed above.

Teams playing in Division I of each age group are governed by AAU grade/age eligibility, which is somewhat different from the above guidelines. See Jim Fox for details.

5. To be eligible for the playoffs the team must play a minimum of 10 games and have a winning percentage of 50% of your games. There will be separate playoffs for AAU and community-based teams in Divisions II and III, if enough teams qualify for the playoffs.

6. SCHEDULING

- Team availability sheets are due by November 10th. For us to avoid conflicts with other leagues (CYO, PAL, etc.) schedules must be submitted to us as soon as they are received and no later than Nov. 15th.
- Teams can eliminate two days in each week from their availability. All teams must be able to play on Saturday and Sunday. Teams cannot close out an entire Saturday or Sunday. You are permitted to close out part of a weekend day (e.g., no games prior to 3:00 pm or after 3:00 pm).
- The schedule will be distributed in two parts; from the start of the season to Jan 15 and Jan 16 to March 15.

7. FORFEITS – A forfeit will be declared if a team cancels a game within 72 hours of its scheduled start. NO EXCEPTIONS. If a team forfeits twice, they will be dropped from the league and **No** refund will be made. A team which forfeits a game must pay both referee fees to league officials before they will be permitted to play their next regularly scheduled game. Forfeit time is fifteen minutes after the scheduled starting time of the game.

8. To be eligible for playoffs, a player must have participated in 50% of regularly scheduled games. Exceptions for injury must be approved by the Super League. *Coaches are always required to maintain a scorebook.* That book must be presented at any time to prove a player's participation in previous games.

9. PROTESTS—a coach submitting a protest must do so in writing within 24 hours after the game. He/she must advise the ref doing the game that a protest is being filed. **There is a \$100.00 fee, payable in cash, which must accompany the protest. If the protest is upheld, the fee will be returned.**

10. ROSTERS—We require all rosters to be submitted prior to your first game. The coach must submit proof of birth and grade to our eligibility staff who will certify the documentation. **Also, each player must have a picture ID.**

SUPER LEAGUE GAME RULES

- All games will utilize stop time.
- The National Federation of High Schools, which is the ruling body for most youth basketball, made a significant change in playing rules which we have adopted. The rule pertains to administration of free throws in the bonus situation. This was previously referred to as 1 and 1.

Games will now be played in four quarters rather than two halves. For Grades 2 through 6, quarters will be 7 minutes each and for Grades 7 through 12, quarters will be 8 minutes each. For each quarter, a double bonus will be enforced (two shots) **on the fifth foul**. When the quarter ends, the team fouls will be reset to zero. If the game goes into overtime, the fouls from the fourth quarter will extend into overtime. There will be no reset for the overtime period.

In effect there will be no more one and one. The double bonus will be enforced on the fifth foul. Games will now be played in quarters rather than halves.

- No full court press may be employed in the 3rd & 4th grade divisions. During the last one minute of the game at those grade levels, the game clock will not start until the ball crosses over to the front court. Once the team on defense secures possession, the other team must drop back.
- **Girls may play on Boys teams up to and including 6th grade.**
- Teams ahead in the score by 25 or more points must play defense inside the three-point line.
- A 14' foul line will be utilized at the 3rd grade level.
- For all divisions, each team is permitted 2 full and 2 thirty second time outs.
- Basketball sizes: Boys 3rd – 6th grade 28.5 cm
Boys 7th – 12th grade Regulation Adult
Girls- 28.5 cm

When there is a crossover 6th & 7th Grade game, the smaller ball will be used.

- Bench personnel will be limited to players and a maximum of three coaches.
- If there is a 20-point difference in the score with 3 minutes remaining in the game, both coaches can agree to permit running time.
- A player ejected for fighting will be banned from at least the next game and possibly more games. **Final decision made by Jim Fox.**
- A coach ejected from a game for unsportsmanlike conduct will be suspended for at least one game. A coach ejected for fighting will be suspended indefinitely. **Final decision again made by Jim Fox.**

SUPER LEAGUE 2024-2025

STANDARD REGISTRATION

(Includes Refs-\$45/game)

COST: 10 GAME REGISTRATION*	\$ 3,035	*Minimum to be eligible for playoffs
12 GAME REGISTRATION	\$ 3,595	
15 GAME REGISTRATION	\$ 4,445	
18 GAME REGISTRATION	\$ 5,235	
20 GAME REGISTRATION	\$ 5,595	
6 Game Option available but not eligible for playoffs \$ 1,890		
8 Game Option available but not eligible for playoffs \$ 2,425		

BENEFITS:

Team/coach is permitted to block playing on TWO DAYS of the week.

ADDITIONAL OPTIONS

PREFERRED SCHEDULING LEVEL I

COST: \$500 for 6-12 game schedule \$750 for 15 or more game schedule

Team/coach is permitted to select 24 possible dates for 12 game season, 30 possible dates for 15 game season, or 36 dates for 18 game season or 40 dates for 20 game season along with approximate time (i.e., before 1:00pm or after 1:00 pm or weekends).

PREFERRED SCHEDULING LEVEL II

COST: \$750 for 6-12 game schedule \$950 for 15 or more game schedule

Team/coach is permitted to select the day, date, and approximate time for each game. (e.g., Sunday, Dec. 3rd at 11:20am, Sunday Dec. 10th at 11:20am, Sunday, Dec. 17th at 1:40pm etc.)

INSURANCE COVERAGE/AAU REGISTRATION

\$22 per player and \$60 per coach. (Coach fee includes a mandatory background check) This would be for extended AAU benefit registration. We will register each player & coach (Social security number needed for the coach(es) on your roster. This coverage covers all AAU sports and extends from date of process date after 9/1/24 through to 8/31/25.

PRE-PAY REF FEES

Teams pre-pay referee fees. Total cost included in their league team registration fee.

**SUPER LEAGUE 2024-2025
REGISTRATION & AVAILABILITY
(Includes Refs-\$45/game)**

PLEASE CIRCLE:

BOYS **GIRLS** **GR:** _____ **LEVEL:** **I II III**

TEAM NAME: _____

Coach: _____ **TEL: Cell:** _____

Address: _____ **H:** _____

W: _____

(Required) Email: _____

Secondary Contact:

Name: _____ **Cell:** _____

(Required) Email: _____

COST:	10 GAME REGISTRATION*	\$ 3,035 *Minimum to be eligible for playoffs
	12 GAME REGISTRATION	\$ 3,595
	15 GAME REGISTRATION	\$ 4,445
	18 GAME REGISTRATION	\$ 5,235
	20 GAME REGISTRATION	\$ 5,595

6 Game Option available but not eligible for playoffs \$ 1,890

8 Game Option available but not eligible for playoffs \$ 2,425

ADDITIONAL Charges:

PREFERRED I (0-12 Games) \$500 (15+ Games) \$750

PREFERRED II (0-12 or more Games) \$750 (15+ Games) \$950

PLAYOFF REF FEES WILL BE BILLED TO THOSE TEAMS



List the date that your team can begin league play (Nov. 27th earliest date) _____

ALL TEAMS MUST BEGIN NO LATER THAN December 15th. Please supply CYO & Middle School schedules ASAP so we can try to avoid conflicts.

List TWO DAYS of the week unavailable to play

Are you interested in securing AAU registration for insurance? YES NO

ALL TEAMS MUST SHOW PROOF OF INSURANCE IN ORDER TO PARTICIPATE.

Please attach a copy of your current Certificate of Insurance to this form if you have NOT purchased AAU Registration.

We encourage ALL to register online using the links on our website AND available via email. If you do NOT register online, please return this completed registration form to the Island Garden.

There is a required \$750 DEPOSIT PLUS TOTAL REF FEES

Example: 10 games Deposit = \$750 PLUS \$420 Ref fees for a total of \$1,170

For Questions and/or Additional Information Contact:
tom@islandgarden.com or karen@islandgarden.com